

LEARN BRIDGE

BEGINNERS CLASSES JAN/ FEB 2025

Classes are held at the SA Bridge Association, 243 Young Street, Unley:

- Learn Bridge in 5 days - Jan 6th to 10th 10.30 am to 2.30 pm daily (Cost \$120 pp | *Free for children aged 8 to 15 years)
- Learn Bridge Weekly classes - 6 weeks (Cost- \$100*)
Tuesdays, starting June 4th- 7:30 pm to 10:00 pm OR
Fridays, starting June 7th - 1:30 pm to 4:00 pm

The 6-week course is part of a recommended 12-week series. Participants can choose to continue to the next 6 week block. Includes course notes and play practice.

Benefits of playing bridge

- ♣ Improves brain power.
- ♦ Enhances memory and thinking.
- ♥ Stimulates the immune system.
- ♠ Stress relief, bridge players are less likely to be depressed.
- ♣ Socialise, improve teamwork.
- ♦ Challenge yourself and test your skills

WARNING:

You will make new friends, improve your social life, have fun and probably become addicted to the most challenging card game in the world.

