## LEARN BRIDGE

## BEGINNERS CLASSES SEP 2024

Learn bridge and open up a whole new avenue of friendship and entertainment. Classes are held at the SA Bridge Association, Unley.

PART I - INTRODUCTION TO BRIDGE (6 WEEKS for \$100)

• Tuesdays, September 3rd- 7:30 pm to 10:00 pm

• Fridays, September 6th - 1:30 pm to 4:00 pm

This course is part of a 12 week series. The first part covers an introduction to bridge with the basic bidding and responses. Every lesson has lecture and themed practice hands to reinforce the lesson. On completion, participants can enrol in Part II at a discounted rate.

## Benefits of playing bridge

- Improves brain power.
- ♦ Enhances memory and thinking.
- Stimulates the immune system.
- Stress relief, bridge players are less likely to be depressed.
- Socialise, improve teamwork.
- ♦ Challenge yourself and test your skills

## **WARNING:**

You will make new friends, improve your social life, have fun and probably become addicted to the most challenging card game in the world.





