

# LEARN BRIDGE

## BEGINNERS CLASSES JAN / FEB 2024

The course is \$100 for six, weekly classes. Includes comprehensive notes and practice hands designed to reinforce the lessons.

On completion, participants have the option to enrol in the second part, a further six weeks of bridge classes covering additional concepts preparing them for club play at a discounted price.

Two options to choose from, the classes are held at the SA Bridge Association in Unley:

- **Tuesday nights, January 30th - 7:30 to 10:00 pm**
- **Friday afternoons, February 2nd - 1:30 to 4:00 pm**

### Benefits of playing bridge

- ♣ Improves brain power.
- ♦ Enhances memory and thinking.
- ♥ Stimulates the immune system.
- ♠ Stress relief, bridge players are less likely to be depressed.
- ♣ Socialise, improve teamwork.
- ♦ Challenge yourself and test your skills

### WARNING:

You will make new friends, improve your social life, have fun and probably become addicted to the most challenging card game in the world.



**8373 3995**

**sabridge.com.au**

 **SA Bridge**  
ASSOCIATION